

## Alaska Cup Points

### Alaska Cup Totals after Two Races

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
New England	195	243	250	164	343	317	1512	1
Midwest	190	41	291	190	203	229	1144	2
Intermountain	175	227	119	141	108	81	851	3
Rocky Mountain	209	57	164	169	78	151	828	4
Alaska	50	253	61	201	138	74	777	5
Far West	120	43	15	104	53	109	444	6
Pacific Northwest	55	91	76	25	16	25	288	7
Middle Atlantic	20	56	33	20	46	28	203	8
High Plains	15	15	0	10	33	15	88	9
Great Lakes	0	3	20	15	21	10	69	10
	1029	1029	1029	1039	1039	1039	6204	

### 5k / 10k Classic (Monday)

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
Alaska	2	62	11	19	25	14	133	5
Far West	31	2	0	30	0	16	79	6
Great Lakes	0	0	0	0	0	0	0	10
High Plains	0	0	0	0	4	0	4	9
Intermountain	34	72	9	13	23	7	158	4
Middle Atlantic	0	5	6	0	15	8	34	8
Midwest	62	0	73	71	41	54	301	2
New England	30	67	74	53	108	90	422	1
Pacific Northwest	13	16	13	0	1	0	43	7
Rocky Mountain	56	4	42	42	11	39	194	3
	228	228	228	228	228	228	1368	

### Classic Sprints (Wednesday)

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
Alaska	0	68	12	73	29	15	197	3
Far West	29	11	0	31	11	17	99	6
Great Lakes	0	3	0	0	0	0	3	9
High Plains	0	0	0	0	2	0	2	10
Intermountain	32	29	14	40	21	23	159	4
Mid Atlantic	0	27	1	0	16	0	44	8
Midwest	66	0	81	21	40	62	270	2
New England	43	63	62	24	103	79	374	1
Pacific Northwest	14	25	26	0	0	0	65	7
Rocky Mountain	44	2	32	39	6	32	155	5
	228	228	228	228	228	228	1368	

## Alaska Cup Points

### 5k / 10k /15k Free Mass Start (Friday)

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
Alaska	18	63	3	39	44	15	182	5
Far West	20	0	0	13	7	16	56	6
Great Lakes	0	0	0	0	1	0	1	10
High Plains	0	0	0	0	2	0	2	9
Intermountain	39	56	56	28	34	16	229	3
Mid Atlantic	0	4	1	0	5	0	10	8
Midwest	27	6	77	48	62	73	293	2
New England	62	63	44	52	62	78	361	1
Pacific Northwest	3	25	7	0	0	0	35	7
Rocky Mountain	59	11	40	48	11	30	199	4
	228	228	228	228	228	228	1368	

### Free Relay (Saturday)

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
Alaska	30	60	35	70	40	30	265	5
Far West	40	30	15	30	35	60	210	6
Great Lakes	0	0	20	15	20	10	65	10
High Plains	15	15	0	10	25	15	80	9
Intermountain	70	70	40	60	30	35	305	2
Mid Atlantic	20	20	25	20	10	20	115	8
Midwest	35	35	60	50	60	40	280	3
New England	60	50	70	35	70	70	355	1
Pacific Northwest	25	25	30	25	15	25	145	7
Rocky Mountain	50	40	50	40	50	50	280	4
	345	345	345	355	355	355	2100	